

*Thoughts on spirituality by some
of the world's thinkers*



Spirituality comes from the Latin word
"spiritus" - breath of life

Mary Baker Eddy - the Mary Baker Eddy Collection



- Heaven smiles on you, angels rejoice over you. Press on.
- Angels: God's thoughts passing to man;
- Spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality.

Phillips Brooks



- God has not given us vast learning to solve problems, or unfailing wisdom to direct all the wanderings of our brother's lives;
- He has given to everyone of us the power to be spiritual, and by our spirituality to lift up and enlarge and enlighten the lives we touch.

Mary Baker Eddy - *Author of Science and Health*



- You can never demonstrate spirituality until you declare yourself to be immortal and understand that you are so.
- As God Himself is good and is Spirit, goodness and spirituality must be immortal.

Scott Preller

- Spiritual healing isn't just a matter of problem fixing; it's a matter of our lives being animated by the reality of God's allness.

Scott Preller



- Opening our lives to God's power. Being reborn. Feeling spiritually alive.
- Real spirituality isn't soft, vague and ephemeral. It's tough ...and cuts through the most difficult circumstances.

Mary Baker Eddy - *Author of Science and Health*



- The calm, strong currents of true spirituality, the manifestations of which are health, purity, and self-immolation, must deepen human experience ...
- The essence of this Science is right thinking and right acting — leading us to see spirituality and to be spiritual, to understand and to demonstrate God

I Corinthians - The Bible



- For what man knoweth the things of a man, save the spirit of man which is in him?
- Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

Mary Baker Eddy - *Author of Science and Health*



- The life of Christ Jesus was not miraculous, but it was indigenous to his spirituality, — the good soil wherein the seed of Truth springs up and bears much fruit
- The new commandment of Christ Jesus shows what true spirituality is, and its harmonious effects on the sick and the sinner
- If men understood their real spiritual source to be all blessedness, they would struggle for recourse to the spiritual and be at peace.

"Healing Spiritually"



- The power that heals spiritually is God, divine Truth acting on and changing thought, and therefore our lives.
- Sometimes persistent dedication is needed in awakening to the truths of God's presence and power.

Mary Baker Eddy - the Mary Baker Eddy Collection



- Progress is spiritual.
- Progress is the maturing conception of divine Love ...
- Progress is the law of God, whose law demands of us only what we can certainly fulfil.

"Healing Spiritually"



- Healing through prayer – a change of thought.
- Because of the direct connection between thought and experience, what we think can affect our health, happiness and wellbeing ...is changed and improved through God's love.

Mary Baker Eddy - *Author of Science and Health*



- Jesus was unselfish. His spirituality separated him from sensuousness, ... it was this spirituality which enabled Jesus to heal the sick cast out evil, and raise the dead.
- Spirituality is the basis of all true thought and volition.
- Passions, selfishness, false appetites, hatred, fear, all sensuality, yield to spirituality, and the superabundance of being is on the side of God, good.

Virginia Harris - a Christian Scientist



- Spirituality literally teaches us how to take the next step when reason and resources let us down. It is our currency for transformation.

Virginia Harris - a Christian Scientist



- Spirituality is something deep within us that motivates understanding and action.
- Spirituality is the power of God operating within thought, recognised humanly through the quality of goodness.

Mary Baker Eddy - *Author of Science and Health*



- HEAVEN. Harmony; the reign of Spirit; government by divine Principle; spirituality; bliss; the atmosphere of Soul.
- To Jesus, not materiality, but spirituality, was the reality of man's existence ...

Irvin C Tomlinson - biographer



- Mary Baker Eddy said that she loved and honoured the good that had been voiced by such great leaders as
 - Socrates
 - Mohammed and
 - Buddha.

Mary Baker Eddy - *Author of Science and Health*



- Christian Science gives vitality to religion, which is no longer buried in materiality.
- It raises men from a material sense into the spiritual understanding and scientific demonstration of God.
- Man's refuge is in spirituality, “under the shadow of the Almighty”.

II Timothy & 1st John - *The Bible*



- For God hath not given us the spirit of fear: but of power, and of a sound mind.
- There is no fear in love; but perfect love casteth out fear:

Mary Baker Eddy - *Author of Science and Health*



- God is universal; confined to no spot, defined by no dogma, appropriated by no sect.
- Not more to one than to all, is God demonstrable as divine Life, Truth, and Love; and His people are they that reflect Him — that reflect Love.

"Healing Spiritually"



- God heals anything!
- When people turn without reservation to God for help, they find that “with God all things are possible” – and are healed and protected.

Mary Baker Eddy - *Author of Science and Health*



- If one has beauty in himself, he can put beauty into anything.
- The recipe for beauty is to have less illusion and more Soul...
- **Beauty** is a thing of life, which dwells forever in the eternal Mind and reflects the charms of His goodness in expression, form, outline, and color.

Psalms - *The Bible*



- God is our refuge and strength, a very present help in trouble.
- He is my refuge, and my fortress: my God; in Him will I trust.
- I will dwell in the house of the Lord forever.

Mary Baker Eddy - the Mary Baker Eddy Collection



- You are not alone. Love is with you watching tenderly over you by day and night; and this love will not leave you but will sustain you and remember all thy tears, and will answer thy prayers.

Virginia Harris - a Christian Scientist



- Spirituality is a higher, perhaps the highest gift our creator has given us.
- It is our tool, our energy, our intuition, and it moves us forward, beyond what we ordinarily think we can do.
- Spirituality is both the fuel for the search and the goal of it.

Mary Baker Eddy - *Author of Science and Health*



- When the heart speaks, however simple the words, its language is always acceptable to those who have hearts.
- Thy heart must overflow, if thou another's heart would'st reach.
- Space is no separator of hearts. Spiritually, I am with all who are with Truth...

Galatians - *The Bible*



- ... the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law.

Mary Baker Eddy - *Author of Science and Health*



- If goodness and spirituality are real, evil and materiality are unreal and cannot be the outcome of an infinite God, good.
- As God Himself is good and is Spirit, goodness and spirituality must be immortal.
- It raises men from a material sense into the spiritual understanding and scientific demonstration of God.

Isaiah - *The Bible*



- Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Mary Baker Eddy - Discoverer of Christian Science



- Spirituality is the basis of all true thought and volition.
- If goodness and spirituality are real, evil and materiality are unreal and cannot be the outcome of an infinite God, good.
- As God Himself is good and is Spirit, goodness and spirituality must be immortal.